

Directions to LIFE, 2 Lawrence Street, Ardsley, NY 10502

From 287 WEST (Eastern Westchester & Connecticut) *(8 miles from "The Westchester Mall")*

Take 287 West to 87 South towards New York City (2 Exits before the Tappan Zee Bridge), Proceed to the first Exit # 7 Saw Mill River Parkway South, Follow Saw Mill Parkway 3 miles to Exit 16-Lawrence Street, GET INTO THE LEFT LANE-THERE IS A TRAFFIC LIGHT, Left on Lawrence Street proceed to LIFE, second driveway on the RIGHT.

From Tappan Zee Bridge *(4 Miles from the Tappan Zee Bridge)* Cross the bridge and get into the RIGHT Lane, Follow Signs to 87 South (towards NYC), Proceed to the first Exit # 7 Saw Mill River Parkway South, Follow Saw Mill Parkway 3 miles to Exit 16-Lawrence Street, GET INTO THE LEFT LANE-THERE IS A TRAFFIC LIGHT, Left on Lawrence Street proceed to LIFE, second driveway on the RIGHT.

From The Saw Mill Parkway SOUTH (Chappaqua, Pleasantville, Katonah, etc.) Follow Saw Mill Parkway SOUTH, , 3 miles past the 287 Exit , Exit 16-Lawrence Street, GET INTO THE LEFT LANE-THERE IS A TRAFFIC LIGHT, Left on Lawrence Street proceed to LIFE, second driveway on the RIGHT.

From NYC (Westside) & GW Bridge to Henry Hudson Parkway North *(Approximately 15 miles from the GW Bridge)* Take the Henry Hudson Parkway North / Westside Highway North, Pass the \$2.25 Toll on the Henry Hudson Parkway North / Westside Highway North , It turns into Saw Mill Parkway North, Proceed 10-12 miles on Saw Mill North to Exit 16 - Lawrence Street (There is a traffic light at the exit), Right at the Light on Lawrence Street, Proceed to LIFE, second driveway on the RIGHT.

From NYC (Eastside) or Long Island via Tri Boro Bridge *(Approximately 18 miles from Tri-boro Bridge)* FDR Drive North to Triboro Bridge or Willis Avenue Bridge, Follow Signs to 87 North (Towards Yankee Stadium), Proceed a few exits Past Yankee Stadium in the Bronx to Exit 12 (In the Bronx). Saw Mill Parkway North / Hutchinson River Parkway, Follow Signs to Saw Mill North, Proceed 8-10 miles on Saw Mill North to Exit 16 - Lawrence Street (There is a traffic light at the exit), RIGHT on Lawrence Street, Proceed to LIFE, second driveway on the RIGHT.

LIFE

The Place To Be

2 Lawrence Street, Ardsley, NY 10502

(914) 591-4400

LifeThePlaceToBe.com